

Reading and Resource List

FOSTER PARENTING AND FOSTER CARE

Online Resources/Conferences

Foster Family-Based Treatment Association (FFTA) <http://ffta.org/>

Texas Foster Family Association (TFFA) <http://tffa.org/>

Books

A Guidebook for Raising Foster Children by Susan McNair Blatt

Do You Want to be a Foster Parent? by Sharon Davis

Foster Parents Survival Manual by Ellen Cirino

Fostering or Adopting the Troubled Child by Janet Glatz

Neighborhood of the Heart: Fostering the Future of Children by Randolph W. Severson

Preparing Adolescents for Life After Foster Care: The Central Role of Foster Parents by Anthony N. Maluccio, Robin Krieger, and Barbara A. Pine

Prison Baby: A Memoir by Deborah Jiang-Stein

The Middle Mom: How to Grow Your Heart by Giving It Away...A Foster Mom's Journey by Christie Erwin and Kandace Gerber

Three Little Words: A Memoir by Ashley Rhodes-Courter

To the End of June by Chris Beam

Uncertain Futures: Foster Youth in Transition to Adulthood by Edmund V. Mech

Walk a Mile in My Shoes: A Book about Biological Parents for Foster Parents and Social Workers by Judith A. B. Lee

When Do I Go Home? Intervention Strategies for Foster Parents and Helping Professionals by Sally G. Hoyle

KINSHIP CARE

Empowering Grandparents Raising Grandchildren by C. B. Cox

Grandparents and Other Relatives Caregivers Guide by the Children's Defense Fund

Raising our Children's Children by Deborah Doucette-Dudman

Relatives Raising Children: An Overview of Kinship Care by Joseph Crumbley and R.L. Little

Second Time Around: Help for Grandparents Who Raise Their Children's Children by Joan Callander



ADOPTIVE PARENTING AND LIFELONG ADOPTION ISSUES

Online Classes

Adoption Learning Partners (ALP): Let's Talk Adoption:
<http://www.adoptionlearningpartners.org/catalog/courses/lets-talk-adoption.cfm>

Heart of the Matter Education: Talking to your Child about Adoption:
<https://heartofthemattereducation.com/index.php/en/shop/domestic-adoption-coursework/talking-to-your-child-about-adoption-detail>

Conferences

American Adoption Congress: <http://americanadoptioncongress.org/>

Empowered to Connect: <http://empoweredtoconnect.org/>

Christian Alliance for Orphans: <http://christianalliancefororphans.org/>

National American Council on Adoptable Children: <http://nacac.org/>

North American Council on Adoptable Children: <http://nacac.org/>

Adoptive and Foster Family Coalition: <http://nysccc.org/>

Books

Adopting After Infertility by Patricia I. Johnston

Adoption Parenting: Creating a Toolbox, Building Connections by Jean Macleod

Adoption Piece by Piece: Lifelong Issues edited by Sara Graefe

Beneath the Mask, Understanding Adopted Teens by Debbie Riley and John Meeks

How to Talk so Kids will Listen and Listen so Kids will Talk by Adele Faber

Parenting from the Inside Out by Daniel Siegel

Parenting Your Adopted Child by Andrew Adesman

Parenting Your Internationally Adopted Child by Patty Cogan

Post Adoption Blues by Foli and Thompson

Raising Adopted Children by Lois Ruskai Melina

Real Parents, Real Children: Parenting the Adopted Child by Holly VanGulden and Lisa M. Bartels-Rabb

Talking with Young Children about Adoption by Mary Watkins and Susan Fisher

The Adoption Life Cycle: The Children and Their Families Through the Years by Elinor B. Rosenberg

The Connected Child by Karyn Purvis



The Five Languages of Children and Study Guide by Gary Chapman and Ross Campbell

The Spirit of Adoption: At Home in God's Family by Jeanne Stevenson-Moessne

The Whole Life Adoption Book by Jayne E. Schooler and Thomas C. Atwood

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew by Sherrie Eldridge

OPEN ADOPTION

Adoption Without Fear by James Gritter

A Letter to Adoptive Parents on Open Adoption by Randolph W. Severson

Children of Open Adoption by Kathleen Silber and Patricia Martinez Dorner

Dear Birthmother, Thank you for our Baby by Kathleen Sibling and Phyllis Speedin

Hospitious Adoption by James Gritter

Lifegivers by James Gritter

Making Room in Our Hearts: Keeping Family Ties Through Open Adoption by Micky Duxbury

Openness in Adoption: Exploring Family Connections by Harold Grotevant and Ruth McRoy

The Open Adoption Experience by Louis Ruskai Melina and Sharon Kaplan Roszia

The Spirit of Open Adoption by James Gritter

PARENTING OLDER CHILDREN AND ADOLESCENTS

Online Classes

Adopting Older Children Internationally by BGCenterSchool.org:
<http://www.bgcenterschool.org/CourseLibrary/JS2M.shtml>

ALP: Adopting the Older Child:
<http://www.adoptionlearningpartners.org/catalog/courses/adopting-the-older-child.cfm>

ALP: We're Home! Now What? For Parents of Newly Adopted Toddlers/Preschoolers:
<http://www.adoptionlearningpartners.org/catalog/courses/were-home-now-what-preschool.cfm>

ALP: We're Home! Now What? For Parents of Newly Adopted School-Aged Children:
<http://www.adoptionlearningpartners.org/catalog/courses/were-home-now-what-school-aged-children.cfm>

ALP: With Eyes Wide Open:
<http://adoptionlearningpartners.org/catalog/courses/with-eyes-wide-open.cfm>

Books

A Child's Journey Through Placement by Vera Fahlberg, PhD

Adopting the Older Child by Claudia L Jewett



Adopting a Toddler: What Size Does She Wear? by Denise Harris Hoppenhauer

Brainstorm by Daniel Siegel

No More Here and There by Ann Carney

Older Child Adoption by Grace Robinson

Our Own: Adopting and Parenting an Older Child by Trish Maskew

Parenting Adopted Adolescents: Understanding and Appreciating Their Journey by Gregory C. Keck, PhD

Parenting the Hurt Child: Helping Adoptive Families Heal and Grow by Gregory Keck and Regina Kupecky

Parenting Your Older Child by Brenda McCreight

The Best of Adopted Child: For Parents Adopting Children Affected by Substance Abuse or Sexual Abuse edited by Lois Melina

Toddler Adoption: The Weaver's Craft by Mary Hopkins Best

BECOMING A MULTI-CULTURAL/TRANSRACIAL FAMILY

Online Classes

ALP: Conspicuous Families:

<http://www.adoptionlearningpartners.org/catalog/courses/conspicuous-families.cfm>

Heart of the Matter Education: Race and Culture:

<https://heartofthematterededucation.com/index.php/en/shop/domestic-adoption-coursework/race-and-culture-course-detail>

Books

Cross-cultural Adoption: How to Answer Questions from Family, Friends, and Community by Amy Coughlin and Caryn Abramowitz

Below the Surface by Beth Hall and Gail Steinberg

Beyond Culture Camp: Promoting Healthy Identity Formation in Adoption: A Parent's Guide – Adoption Institute by The Eva B. Donaldson Adoption Institute

Black Baby, White Hands: A View from the Crib by Jaiya John

Dim Sum, Bagels and Grits: A Sourcebook for Multicultural Families by Myra Alperson

Does Anybody Else Look Like Me? A Parent's Guide to Raising Multicultural Children by Donna Jackson Nakazawa

Gift Children: A Story of Race, Family and Adoption in Divided America by J. Douglas Bates

I'm Chocolate, You're Vanilla: Raising Healthy Black and Biracial Children in a Race Conscious World by Marguerite A. Wright



In Their Parents' Voices: Reflections on Raising Transracial Adoptees by Rita J. Simon and Rhonda M Roorda

Inside Transracial Adoption by Gail Steinberg and Beth Hall

Loving Across the Line: A White Adoptive Mother Learns About Race by Sharon E. Rush

Outsiders Within: Writing on Transracial Adoption by Jane Jeong Trenka

See No Color by Shannon Gibney

Transracial Adoption: Children and Parents Speak by Constance Pohl and Kathy Harris

Transracial Adoption and Foster Care by Joseph Crumbley

Weaving a Family: Untangling Race and Adoption by Barbara Katz Rothman

Yellow: Race in America Beyond Black and White by Frank H. Wu

CHILD DEVELOPMENT AND DISCIPLINE

Online Classes

ALP: Discipline and the Adopted Child:

<http://www.adoptionlearningpartners.org/catalog/courses/aint-misbehavin-discipline-and-the-older-child.cfm>

Heart of the Matter Education: Discipline-Managing Your Child's Bid for Power:

<https://heartofthemattereducation.com/index.php/en/shop/international-adoption-coursework/discipline-managing-your-childs-bid-for-power-detail>

Heart of the Matter Education: Transitions, Developmental Challenges or Just Regular:

<https://heartofthemattereducation.com/index.php/en/shop/international-adoption-coursework/transitions,-developmental-challenges,-or-just-regular-kid-stuff-detail>

Books

Beyond Consequences, Logic and Control by Heather T. Forbes

Caring for your Baby and Young Child by American Academy of Pediatrics

Easy to Love, Difficult to Discipline by Rebecca Anne Bailey

I Love You Rituals by Rebecca Anne Bailey

Love and Logic Magic for Early Childhood by Jim Fay and Charles Fay

No-Drama Discipline by Daniel Siegel and Tina Payne Bryson

Parenting with Love and Logic: Teaching Children Responsibility by Foster Cline and Jim Fay

The Positive Discipline Series by Jane Nelson, Ed.D and Lynn Lott, M.A.

The Whole-Brain Child by Daniel Siegel and Tina Payne Bryson

What to Expect the Toddler Years by Arlene Eisenberg



ATTACHMENT AND BONDING

Online Class

ALP: Journey of Attachment:

<http://adoptionlearningpartners.org/catalog/courses/journey-of-attachment.cfm/>

Conference

Annual ATTACH Conference: <http://attach.org/>

Books

Anatomy of the Soul by Dr. Curt Thompson

Attaching in Adoption by Deborah Gray

Building the Bonds of Attachment: Awakening Life in Deeply Troubled Children by Daniel Hughes

Parenting from the Inside Out by Daniel Siegel and Mary Hartzell

IMPACT OF INSTITUTIONAL CARE AND TRAUMA ON CHILDREN

Online Classes

ALP Medical Issues in International Adoption:

<http://adoptionlearningpartners.org/catalog/courses/medical-issues-in-international-adoption.cfm/>

ALP: Tough Starts Matter:

<http://www.adoptionlearningpartners.org/catalog/courses/tough-starts-matters-package.cfm>

Heart of the Matter Education: Because They Waited:

<https://heartofthematterededucation.com/index.php/en/courses/because-they-waited/>

Heart of the Matter Education: Understanding Trauma in Children:

<https://heartofthematterededucation.com/index.php/en/shop/international-adoption-coursework/understanding-trauma-in-children-detail>

Books

Adopting the Hurt Child by Gregory Keck

Answers to Questions Teachers Ask about Sensory Integration: Forms, Checklists, and Practical Tools for Teachers and Parents by Jane Koomar, Carol Kranowitz, Stacey Szklut, and Lynn Balzer-Martin

Nurturing Adoptions: Creating Resilience after Neglect and Trauma by Deborah Gray

Raising a Sensory Smart Child by Lindsey Biel and Nancy Peske

The Body Keeps the Score by Bessel van der Kolk

The Boy Who Was Raised as a Dog by Bruce Perry

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction by Carol Stock Kranowitz, M.A.

The Out-of-Sync-Child has Fun: Activities for Kids with Sensory Integration Dysfunction by Carol Stock Kranowitz, M.A.



The Soul of Shame by Dr. Curt Thompson

Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families by Jayne Schooler, Betsy Keefer Smalley, and Timothy J Callahan

GRIEF AND LOSS

Online Class

ALP: Finding the Missing Pieces:

<http://www.adoptionlearningpartners.org/catalog/courses/finding-the-missing-pieces.cfm>

Books

Adopted and Wondering: Drawing out Feelings by Marge Eaton Heegaard

Adopting After Infertility by Patricia I. Johnston

Helping Children Cope with Change and Loss by Rosemary Wells

Helping Children Cope with Separation and Loss by Claudia Jewett

CHILDREN WITH SPECIAL NEEDS

Online Class

Heart of the Matter Education: Parent Planning for Special Needs Adoption

<https://heartofthemattereducation.com/index.php/en/shop/domestic-adoption-coursework/parent-planning-for-special-needs-adoption-detail>

Books

Adopting and Advocating for the Special Needs Child: A Guide for Parents and Professionals by L. Anne Babb and Rita Laws

After the Tears: Parents Talk About Raising a Child with a Disability by Robin Simons

Nobody's Perfect: Living and Growing with Children Who Have Special Needs by Nancy Miller

Same Lake, Different Boat: Coming Alongside People Touched by Disability by Stephanie Hubach and forward by Joni Eareckson Tada

The Child With Special Needs by Stanley Greenspan

You Will Dream New Dreams: Inspiring Personal Stories by Parents of Children with Disabilities by Stanley D. Klein and Kim Schive



SIBLINGS

Books

Brothers and Sisters in Adoption by Arleta James

Siblings in Adoption and Foster Care: Traumatic Separations and Honored Connections by Deborah N. Silverstein and Susan Livingston Smith

Siblings without Rivalry by Adele Faber and Elaine Mazlish

PERSPECTIVES: ADOPTEE, ADOPTIVE FAMILY, AND BIRTH FAMILY

Books

A Personal Touch On. . . Adoption (Stories by Adoptive Families Revealing What Worked for Them) by Berlin Peter

All About Adoption: How to Deal With Questions From Your Past by Anne Lanchon

Becoming Naomi Leon by Pam Munoz Ryan

Dreaming a World: Korean Birthmothers Tell Their Stories by Sansoon Han

How it Feels to be Adopted by Jill Krementz

I Wish for you a Beautiful Life (Letters from Korean Birthmothers to the Children They Placed for Adoption) by Sara Dorow

Kinship With All Life by J. Allen Boone

Lucy's Family Tree by Karen Halvorsen Schreck

My Family, A Symphony: A Memoir of Global Adoption by Aaron Eske

Pieces of Me: Who Do I Want to Be? by Robert Ballard

Returnable Girl by Pamela Lowell

Three Names of Me by Mary Cummings

Voices From Another Place by Susan Soon-Keum Cox

SEARCH AND REUNION

Adoption Reunions: A Book for Adoptees, Birth Parents and Adoptive Families by Michelle McColm

Being Adopted: The Lifelong Search for Self by D. Brodzinsky, M. Schechter, and R. Henig

Birthright: The Guide to Search and Reunion for Adoptees, Birth Parents and Adoptive Parents by Jean Strauss

Circle of Stones by A.J. Garotto

Journey of the Adopted Child: A Quest for Wholeness by B. J. Lifton

Looking for Oliver: A Mother's Search for the Son She Gave Up for Adoption by Marrienne Hancock



Sacred Connections: Stories of Adoption by Mary Ann Koenig

Secret Daughter: A Mixed Race Daughter and the Mother who Gave Her Away by June Cross

Thank You, Son, for Finding Me: A Birthmother's Story by B. J. Kane

The Adoption Reunion Handbook by Elizabeth Trinder, David Howe, and Julia Feast

The Girls who Went Away: The Hidden History of Women who Surrendered Children for Adoption decades before Roe vs. Wade by Ann Fessler

SEXUAL DEVELOPMENT AND TALKING TO CHILDREN ABOUT SEX

Books

Flight of the Stork: What Children Think (and When) about Sex and Family Building by Anne C. Bernstein

Understanding Your Child's Sexual Behavior by Dr. Toni Cavanaugh Johnson

Parenting the Hurt Child by Gregory Keck and Regina Kupecky

Birds, Bees and Adoption by Dr. Marybeth Lambe

Healing the Harm Done: A Parent's Guide to Helping Your Child Overcome the Effects of Sexual Abuse by Jennifer Levy

The Sexualized Child in Foster Care: A Guide for Foster Parents and other Professionals by Sally G. Hoyle

CHILDREN'S BOOKS ON FOSTER CARE, KINSHIP CARE, AND ADOPTION

Books on Foster and Kinship Care

All Kinds of Families by Norma Simon

An Elephant in the Living Room: A Children's Book by Jill M. Hastings

Finding the Right Spot: When Kids Can't Live with Their Parents by Janice Levy

I Miss My Foster Parents by Stefon Herbert

Kids Need to be Safe: A Book for Children in Foster Care by Julie Nelson

Let's Talk about Living with a Grandparent by Susan Kent

Little Miss Spider by David Kirk

Maybe Days- A Book for Children in Foster Care by Jennifer Wilgocki and Marcia Kahn

Murphy's Three Homes: A Story for Children in Foster Care by Jan Levinson Gillman

My Foster Care Journey: A Foster/Adoption Lifebook by Beth O'Malley

My Foster Family: A Story for Children Entering Foster Care by Jennifer Levine

Robert Lives with His Grandparents by Martha Whitmore Hickman

The Heart Knows Something Different: Teenage Voices from the Foster Care System by Al Desetta



The Red Blanket by Eliza Thomas

The Star: A Story to Help Young Children Understand Foster Care by Cynthia Miller Lovell

Where Do Balloons Go? by Jamie Lee Curtis

Who's in a Family? by Robert Skutch

Zachary's New Home: A Story for Foster and Adopted Children by Geraldine Molettiere Blomquist, Paul B. Blomquist, Margo Lemieux

Books to Help Children Transition into Adoption and Adoption Discussions with Children:

A Mother for Choco by Keiko Kasza

Families Change: A Book for Children Experiencing Termination of Parental Rights by Julie Nelson and Mary Gallagher

Forever Fingerprints: An Amazing Discovery for Adopted Children by Sherrie Eldgridge

Happy Adoption Day! by John McCutcheon

Hopper the Loney Frog: An Adoption Story for Children by Kimberly Lee

I Don't Have Your Eyes by Carrie A. Kitz

I Wished for You: An Adoption Story by Marianne Richmond

I'm Gonna Like Me by Jamie Lee Curtis

My Family, My Journey: A Baby Book for Adoptive Families by Zoe Francesca and Susie Ghahremani

Over the Moon: An Adoption Tale by Karen Katz

Rosie's Family: An Adoption Story by Lori Rosove

Sweet Moon Baby: An Adoption Tale by Patrice Barton and Karen Henry Clark

The Day We Met You by Phoebe Koehler

The Red Blanket by Eliza Thomas

